



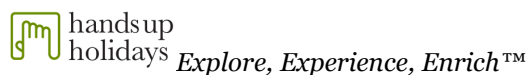


Explore, Experience, Enrich™

BZ003 Waterfall and Wetland 12 Days

Your “Taste of Volunteering” Project:  
Repairs and renovations of houses with Hope Unlimited children’s shelter

You will spend four days assisting Hope Unlimited, an organisation devoted to transforming the lives of street kids. You will help in either Vitoria or Campinas to paint houses that shelter the children. Hope Unlimited focuses on giving street children a safe, secure and happy childhood, with the aim of becoming dignified, fulfilled and self-supporting adults.



UK: 0800 783 3554; NZ: 0800 426 3787; US 201 984 5372 ; RoW: +44 207 193 1062

Bookings@handsupholidays.com



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Trip Highlights:

- Four days assisting at Hope Unlimited children's shelter
- Iguacu Falls
- Learn capoeira - Brazil's magical combination of martial arts and dance
- Guest speakers on Brazil's fascinating history and culture
- Pantanal wetland region flora & fauna
- Pantanal treks, horse rides and boat trips – all with trained naturalists

Trip Description:

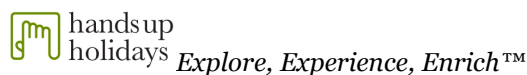
We begin in Sao Paolo and fly to the majestic Iguacu Falls. We tour these incredible falls from both the Brazilian side and the Argentinean side. We then fly to Vitoria or Campinas for your Volunteer Project.

You will do your Volunteer Project with Hope Unlimited, an organisation devoted to transforming the lives of streetkids. You will help paint houses that shelter the children, as well as learn about the Brazilian culture and history through guest speakers, learn Brazilian dance, study the Portuguese language, and even try your hand at Brazilian cooking!

Our next stop is the wetland region of the Pantanal, where cattle breeding co-exists with a wildlife refuge and where you can even fish for piranha! From December to the end of March a vast inland delta is created by seasonal rains, causing animals to crowd on the myriad islands.

As the waters recede in April, thousands of birds gather to pick off fish trapped in shallows. July to September are the best months for game viewing, such as capybara, monkeys, iguana, and even the elusive jaguar and puma! Treks, horserides and boat trips – all with trained naturalists – are on offer in this wetland refuge.

Our adventure ends in Pantanal, from where you can fly to your connecting flight home, or to Rio for our extension trips to Buzios or Paraty or to Natal for Fernando de Noronha.



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Day by Day Itinerary:

Day 1	Fly from Sao Paolo to Iguacu Falls	(D)
Day 2	Iguacu Falls	(B)
Day 3	Fly to Vitoria/Campinas	(B)
Day 4-7	Volunteer Project	(B)
Day 8	Fly to Pantanal	(B,D)
Day 9-11	Pantanal exploration	(B,L,D)
Day 12	Pantanal; Trip ends; Transfer to airport for onward flight	(B)

B = Breakfast, L= Lunch, D = Dinner

Comfort Level: 4/5

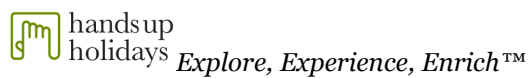
Accommodation is in luxury hotels and guesthouses (7 nights) and an excellent 3* eco-lodge in the Pantanal (4 nights).

Activity Level: 2/5

Min. Travellers per Group: 2

Max. Travellers per Group: 12

Police Check Required? Yes



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