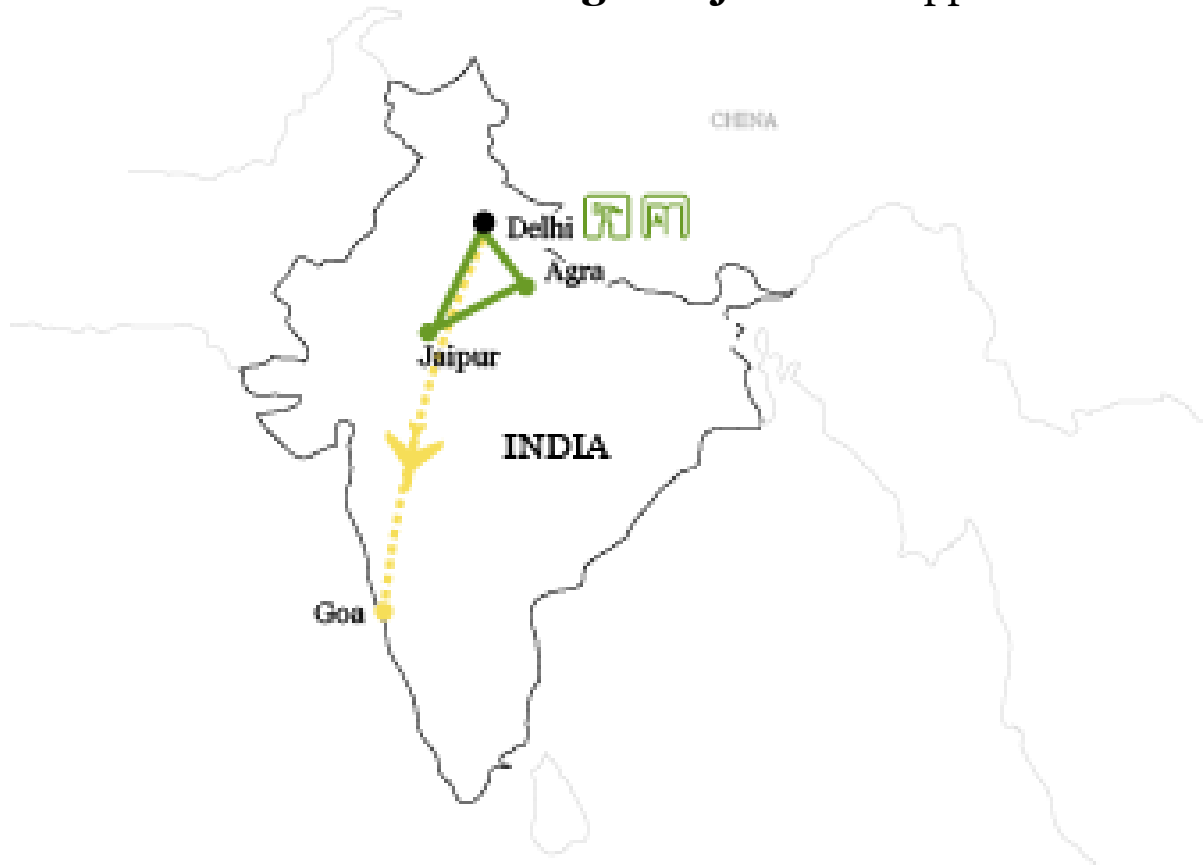


IN005 Chilling in Goa Extension 6 Days

Your “Taste of Volunteering” Project: Not Applicable



Trip Highlights:

- Goa’s idyllic beaches
- Swimming, sunbathing
- Goan speciality cooking



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A Brief History of Goa

Goa's known history stretches back to the 3rd century BC, when it formed part of the Mauryan Empire. It was later ruled by the Satavahanas of Kolhapur, and around 2000 years ago it was passed on to the Chalukya Dynasty, who controlled it between 580 to 750.

Over the next few centuries Goa was successively ruled by the Silharas, the Kadambas and the Chalukyas of Kalyani, rulers of Deccan India. The Kadambas, a local Hindu dynasty based at Chandrapura (present day Chandor - Salcete), laid an indelible mark on the course of Goa's pre-colonial history and culture.

In 1312, Goa came under the governance of the Delhi Sultanate. However, the kingdom's grip on the region was weak, and by 1370 they were forced to surrender it to Harihara I of the Vijayanagara empire. The Vijayanagara monarchs held on to the territory until 1469, when it was appropriated by the Bahmani sultans of Gulbarga. After that dynasty crumbled, the area fell to the hands of the Adil Shahis of Bijapur who made Velha Goa their auxiliary capital.

Goa was ruled by the Muslims for about 60 years before they were removed by Harihara I, of the Vijayanagar Empire. For about 100 years, Goa's ports were important for ships carrying Arabian horses for the Vijayanagar Calvary. Around 1510, the Portuguese invaders arrived, wanting to control the spices from the East.

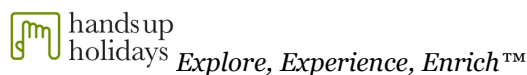
Around 1542, missionaries started to arrive, lead by Francis Xavier, whose body is still kept there. There was a brief occupation by the British, during the Napoleonic wars in Europe. In 1961, the Portuguese were ejected by the Indians.

Trip Description:

Care for some time chilling at the beach after your Volunteer Project? Then look no further!

We jump on a plane bound for the delights of Goa and its idyllic beaches. We stay on the pristine Utroda beach, where you can enjoy Goan speciality cooking, and generally delight in this relaxing former Portuguese colony.

Your trip ends in Goa, although flights can be arranged back to Delhi or Mumbai, in which case you will have a night in Delhi or Mumbai.



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Day by Day Itinerary:

Day 1	Fly from Delhi to Goa	(B)
Day 2	Goa, leisure time	(B)
Day 3	Goa, leisure time	(B)
Day 4	Goa, leisure time	(B)
Day 5	Goa; Fly to Delhi or Mumbai	(B)
Day 6	Trip Ends	(B)

B = Breakfast

Flights can be arranged back to either Delhi or Mumbai, and accommodation in either of these cities or in Goa is included. Flights are not included.

Comfort Level: 4/5

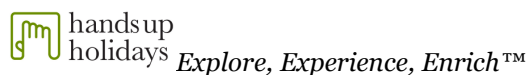
Accommodation is in a high quality 5* hotel in Goa (4 or 5 nights) and, if flights are arranged back to Delhi or Mumbai, in a 4* hotel near the airport in Delhi or Mumbai (1 night).

Activity Level: 1/5

Min. Travellers per Group: 2

Max. Travellers per Group: 12

Police Check Required? No



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