

BZ006 Paraty Extension 4 Days

Your “Taste of Volunteering” Project: Not Applicable



Trip Highlights:

- Colonial Paraty, situated between the mountains and the sea
- A hands-on session in a cooking school, where you will learn to prepare a genuine Brazilian dish
- Full day sailing trip around virtually untouched islands, beautiful waterfalls and Atlantic rainforest



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Trip Description:

Upon completion of your main trip, we fly to Rio and transfer to Paraty, one of Brazil's most charming colonial towns situated between the mountains and the sea. You will explore Paraty escorted by a local historian. For dinner, you will have a hands-on session in a cooking school where you will learn to prepare a genuine Brazilian dish!

We kick off the next day with an energising Yoga class, before embarking on a day sailing trip around the Bay of Paraty. We will explore a few of the hundreds of virtually untouched islands, beautiful waterfalls and atlantic rainforest.

Your adventure ends in Rio, with a transfer to the airport.

Day by Day Itinerary:

Day 1	Arrive in Rio after main trip ends; Transfer to Paraty	(D)
Day 2	Paraty tour; Cooking Class	(B,D)
Day 3	Sailing trip	(B)
Day 4	Paraty; Transfer to Rio Airport; Trip Ends	(B)

B = Breakfast, L= Lunch, D = Dinner

Comfort Level: 4/5

Accommodation is in a comfortable 4* hotel.

Activity Level: 1/5

Min. Travellers per Group: 2

Max. Travellers per Group: 12

Police Check Required? No



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