



Explore, Experience, Enrich™

SA003 “Southern Hospitality” 9 Days

Your ‘Taste of Volunteering’ Project:

The most memorable part of your experience is likely to be the three days of community development among the poorest, and the most wonderful people of Cape Town.

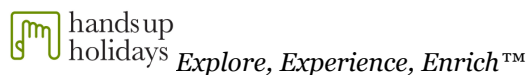
You have a choice of volunteer projects - all are in and around Cape Town:

(1) Helping at an AIDS orphanage. Here you can help with repair and renovation work, and also with the daily tasks (cleaning, cooking, washing) in order to free up the permanent care-givers to focus on caring for the children.

(2) Helping in a community kitchen in a township. Here you can help with meal preparation, serving meals, and also with delivering supplies to the kitchens throughout Cape Town's townships.

(3) You can be a one-on-one reading partner in a school, assisting students who are falling behind in their studies, who will benefit from some personal tuition.

(4) You can help on an environmental conservation project: Trench digging and filling, bed preparation, planting of seeds and seedlings; Wind break construction; Planting of fruit trees and wind break plants Building simple nurseries; Making jams and chutneys using garden produce. All projects are rewarding and meaningful!



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Bookings@handsupholidays.com

Trip Highlights:

- Cape Town – luxury boutique hotel
- Table Mountain
- Cape of Good Hope and penguins at Boulders Beach
- Stellenbosch Winelands
- Luxury “Big 5” safari at a premier Big 5 lodge

Trip Description:

This luxury trip combines the delights of South Africa’s most beautiful city, Cape Town, and its environs (including the Cape Peninsula and the Stellenbosch winelands) with three days volunteering at an orphanage, school, environmental project or community kitchen, followed by an incredible 3 days on safari at a premier Big 5 lodge.

Your first day involves a briefing with your guide, a tour of Cape Town, and a cablecar ride up Table Mountain for breathtaking views of the city and harbour. You will stay in a boutique luxury hotel throughout your time in Cape Town.

On the following day, you will go with your guide out on a private tour to Cape Peninsula, stopping also to see the penguins at Boulders. Depending on the time of year, you may also see whales from the beach (August to October is the best time)!

A relaxing day in the Stellenbosch winelands is your activity on Day 3 - your guide will take you to some superb vineyards where you can sample their specialties. Even if you don't drink, the scenery is stunning!

Days 4-6 are your volunteering days - this is likely to be the highlight of your trip as you get to interact meaningfully with the local people, and help make a difference in their lives.

After saying farewell to your new friends, you have an early flight on Day 7 to Jo'burg, where you are met by your driver and escorted to your luxury lodge, 3 hours drive away, where you should arrive in time to freshen up before your first game drive - the 'Big 5' of lions, leopard, rhino, elephant and buffalo await you!

You will have a gourmet dinner after your drive, and you have the rest of the evening to relax.

You have morning and afternoon/evening game drives on Day 8, as well as three superb meals.

On your final day, Day 9, you will have a final game drive in the morning, have breakfast, and drive back to Jo'burg for your onward flight.

Your adventure ends in Johannesburg, although flights can be arranged on your behalf to Cape Town (extra cost).

Flying overnight from London on Friday night (arriving on Saturday morning) and returning back to London overnight the following Sunday means that if you are based in the UK, you could participate in this trip with only a week off work, returning to your office Monday morning!

Day by Day Itinerary:

Day 1	Cape Town City Tour, Table Mountain	(D)
Day 2	Cape Peninsula	(B,L,D)
Day 3	Stellenbosch Winelands	(B,L)
Day 4-6	Volunteering	(B,L)
Day 7	Early morning flight to JHB and transfer to luxury game lodge; Evening game drive	(B,L,D)
Day 8	Luxury Game reserve (two game drives per day)	(B,L,D)
Day 9	Game drive morning, transfer to JHB; trip ends	(B)

Your adventure ends in Johannesburg, although flights can be arranged on your behalf to Cape Town (extra cost).

B= Breakfast, L=Lunch, D=Dinner

JHB = Johannesburg

Comfort Level: 5+/5

Accommodation in a premier, luxury boutique hotel and game lodge with private transport and excellent guides throughout.

Activity Level: 1/5

Min. Travellers per Group: 2

Max. Travellers per Group: 12

Police Check Required? Yes (unless doing the environmental conservation volunteering)